## FOR IMMEDIATE RELEASE

## Physicians & Surgeons Amateur Golf Association (PSAGA) Appoints Esteemed Clinical Endocrinologist Dr. Arvind Cavale to Its Board of Directors

Chicago, IL – October 16, 2023– Chicago, IL – October 16, 2023– The Physicians & Surgeons Amateur Golf Association (PSAGA), the nation's leading organization celebrating and promoting the golfing talents of medical professionals, proudly announces the induction of Dr. Arvind Cavale into its Board of Directors. Celebrating 25 years in independent practice, Dr. Cavale, a dedicated Clinical Adult Endocrinologist, brings a wealth of medical and leadership experience, alongside a deep passion for golf, to the PSAGA board.

Dr. Cavale's commitment to medicine and community health is evident through his extensive career in Bucks County, PA, where he leads a community-based clinical practice & research center. His leadership acumen was showcased during his tenure as Chair of the Department of Medicine at St. Mary Medical Center from January 2020 to December 2021, a critical period during which he successfully navigated the department through the challenges of the COVID-19 pandemic. As a Co-Founder of the Signature Diabetes Institute (SDI), Dr. Cavale has been instrumental in developing programs that empower individuals with Prediabetes & Diabetes, exemplifying his dedication to comprehensive patient care and proactive health management.

"Dr. Cavale's blend of medical expertise, leadership in healthcare, and enthusiasm for golf represents the very ethos of PSAGA," said Wendy J. Weiser, Executive Director of PSAGA. "We are confident that his unique insights and holistic approach to well-being will greatly contribute to our mission of fostering professional growth and camaraderie among our members."

Outside the clinic, Dr. Cavale is a passionate golfer who relishes playing in Hilton Head and dreams of teeing off at the prestigious courses of Pinehurst and Oakmont. His favorite club, the 8 iron, is a testament to his precision both on the fairways and in medical practice. Keen to improve his sand play and chipping, Dr. Cavale embodies the lifelong learner, a quality that resonates with PSAGA's commitment to continual growth and improvement. Despite his busy schedule, he cherishes the moments he gets to golf with his two sons, though they are few and far between, and credits his wife of 30 years for her unwavering support. Together, they enjoy hiking with their 10-year-old Labrador retriever, Ollie.

Dr. Cavale's appointment comes as PSAGA continues to expand its reach, hosting a series of events where medical professionals can simultaneously earn CME credits, unwind, and compete in the spirit of friendly rivalry. His addition to the board underscores PSAGA's dedication to cultivating a diverse community where passion for golf and medical excellence meets.

We warmly welcome Dr. Arvind to our board and look forward to his contributions to PSAGA's thriving community of medical professionals and golf enthusiasts.

For more information about PSAGA, our events, or membership, please visit <a href="https://www.psgolf.org/">https://www.psgolf.org/</a> or contact Wendy J. Weiser, Executive Director, at <a href="wendy@psgolf.org">wendy@psgolf.org</a> or (312) 779-6812.

**About PSAGA:** The Physician and Surgeons Amateur Golf Association (PSAGA) is a premier organization celebrating a healthy lifestyle for physician golf enthusiasts nationwide. PSAGA allows members to connect, relax, enhance their medical knowledge, and engage in healthy competition, underscoring the importance of balancing professional responsibilities and personal passions. PSAGA welcomes physicians of all golfing levels, fostering an inclusive and exciting community.

## **Contact:**

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